

# IHSS Task Grid - Meals and Cleaning

		Month: <u>February</u>																			
		Day of the week:							M	Tu	W	Th	F	S	Su						
		Date:							1	2	3	4	5								
Meals	Meal preparation	X	X		\																
	Wash dishes and clean up kitchen	X	X		\																
	Menu planning/shopping list	\			\																
Cleaning	Empty trash	X	X	X	\																
	Clean kitchen surfaces/appliances	X			\																
	Throw out spoiled food																				
	Making bed		X	X																	
	Changing linen	\																			
	Clutter management/tidying up		\	X																	
	Dusting			X	\																
	Clean bathroom	X																			
	Sweeping/vacuuming	\	X																		
	Mopping			X																	
	Miscellaneous cleaning			X																	
Other	Laundry/ironing		X	X																	
	Medical appointments		X																		
	Shopping	X																			
	Errands																				

(\) Hatch mark the tasks that need to be done during workshift.

Cross off task as it is completed.

Note: Some tasks are assigned everyday while other tasks will be assigned less frequently, possibly only once a week.

